

New Paltz High School
Biology Dept.

Name:.....

Research Project

Before we start the discussion, take a moment to answer this question. Yes, you will need to write your answer here. I need at least three sentences.

Why are so many Americans unhealthy?

Discussion notes:

Here's your 1st task:

Resource

Which category of nutrients did you choose?

Define the terms *nutrient* and *nutrition*.

For your category determine the following information. Be sure to note your resources

Structure (Draw some pictures if necessary)

Components/subunits. Which molecules are put together to make the whole molecule?

Different types/classes

Functions in humans

Other important info? On a separate sheet if necessary